

JUNIOR & INTERMEDIATE SCORE CARD

FOOD ENTRY CLASS

NAME

COUNTY

NAME OF FOOD EXHIBITED

| A.The Exhibitor -85 points | COMMENTS | POSSIBLE | ACTUAL |
|--------------------------------|--|--------------------|------------|
| | | SCORE | SCORE |
| | Knows the food groups from the MyPyramid | 10 | |
| | Knows the number of ounces or cups exhibitor needs daily from each food group based upon age, sex, and activity level. | 10 | |
| | Knows what nutrients are in the dish and what they contribute to the diet | 20 | |
| | Knows the steps in the preparation of the food | 10 | |
| | Food Safety (Knows related Food Safety Steps) | 15 | |
| | Communication and Presentation Skills, & Poise | 10 | |
| | Leadership | 5 | |
| | Community Service | 5 | |
| Total for Part A | | 85 | |
| B.The Food Exhibited - 10 pts. | | 10 | |
| | Texture, temperature, color, aroma & appearance | 5 | |
| Record Complete - 5 pts | | | |
| | | TOTAL SCORE | 100 |

Revised 6/18/2007