Panhandle youth compete in District 4-H Food Challenge

PAMPA – Two hundred and ninety-one youth from 17 Panhandle counties gathered at MK Brown Memorial Auditorium and Civic Center in Pampa on Tuesday, October 14, to compete in the 4-H Food Challenge sponsored by Texas A&M AgriLife Extension Service.

According to Shawnte Clawson, Texas A&M AgriLife Extension Service 4-H and Youth specialist, the Food Challenge is modeled after such competitions as the Food Network’s Iron Chef. The 4-H Food Challenge allows teams of three to five 4-H members to create a dish using a predetermined set of ingredients. From these ingredients, 4-H members must identify, prepare and then present information related to the preparation process, nutritional value, serving size and cost of the dish. Throughout this process, 4-H members are applying the knowledge and skills gained through participation in the 4-H foods and nutrition project, demonstrating their culinary and food safety skills, and continuing to learn about making healthier food choices.

First place senior teams will advance to state competition at Texas 4-H Roundup on the campus of Texas A&M University at College Station June 8-12, 2015.

Seniors (age 14-18)

Intermediate (age 11-13)

Junior (8 and in the third grade, 9 and 10)
- Main Dish – 1. Maggie Cook, Sarah Lindley, Kelby Lindley, Audrey Chavera, Braylee,
Brooks, Hall1; 2. Brenna Francis, Emily Gamble, Elizabeth Mahaney, Kilee Lynn, Aspen Miller, Briscoe1; 3. Addyson Hale, Cooper Hale, Lettie Locke, Roberts1.

