

DISTRICT 1 4-H



SUBJECT: 2023 District 1 Junior Leadership Camp

FROM: Tina Bryant
District 1 4-H Specialist



CAMP DATE: May 30 – 31, 2023
CAMP LOCATION: High Plains Retreat Center, Amarillo
REGISTER VIA: 4-H Online
4-H CONNECT OPENS: April 7, 2023
4-H CONNECT CLOSES: May 5, 2023
CAMP FEE: \$75.
THEME: Get GROOVY with 4-H

Workshops & Objectives of the 4-H Junior Leadership Camp:

- Develop self-confidence through leadership.
- Strengthen local 4-H units by becoming involved in leadership responsibilities and encouraging other youth to do so.
- Develop positive character traits, sportsmanship, decision making capability, and public speaking skills through participation in 4-H activities.

4-H members should have completed 3rd to 7th grade in the 2022-23 school year. There is no county quota.

If you need any type of accommodation to participate in this program or have questions about the physical access provided, please contact Tina Bryant tina.bryant@ag.tamu.edu at least 2 weeks before the event.

CANCELLATIONS:

No refunds will be made, but we will allow a substitution.

TRANSPORTATION:

Everyone attending D1 Junior Leadership Camp will be responsible for their own transportation to High Plains Retreat Center in Canyon, TX.

Eat lunch before arriving to camp!

Individuals with disabilities who require an auxiliary aid, service or accommodation in order to participate in this program are encouraged to contact your County or District Extension Office to determine how reasonable accommodations can be made.

*Educational programs of the Texas A&M AgriLife Extension Service are open to all people without regard to race, color, religion, sex, national origin, age, disability, genetic information or veteran status.
The Texas A&M University System, U.S. Department of Agriculture, and the County Commissioners Courts of Texas Cooperating*

WHAT TO BRING articles, hand mirror, shower shoes, insect repellent.

- B. Flashlight.
- C. Sheets, pillow and case, towels. A sleeping bag is desirable.
- D. Swimming suit, towels, flipflops or swim shoes (for swimming only) and any other swimming items needed.
- E. Sunscreen
- F. Jacket and warm clothing. Raincoats or windbreakers may be needed.
- G. Hiking clothes and sturdy shoes. Two or more pairs of shoes may be needed. Sandals and slides are not suitable for most activities. Be realistic when planning what clothes to take.
- H. Snack items and/or money for snacks (some are provided). Snack bar will be available at your own cost.
- I. Dance Clothes – DANCE THEME IS **GROOVY/70's/Hippie**

SWIMMING:

Boys/men must wear shirts at all times, for safety purposes, except while swimming, no speedos. Girls/women must wear a dark cover up, if they are wearing a two-piece swimsuit, or wear dark cover up if a one-piece swim suit is revealing and not modest.

ORIENTATION: PLEASE prepare your 4-H'ers for a camping atmosphere in the canyon - and camp-type food.

Discuss with each delegate personal hygiene, community living, cooperation with others, work assignments, and code of conduct...

4-H'ERS SHOULD...

- A. Follow the camp rules set by Texas A&M AgriLife Extension Service and High Plains Retreat Center.
- B. Know the 4-H pledge, the 4-H prayer and Texas pledge.
- C. Be on time and ready to participate in all ceremonial services.
- D. Show courtesy during ceremonial services.
- E. BE PREPARED TO CARRY OUT THEIR RESPONSIBILITIES IN CEREMONIALS, ETC.

SUPERVISION:

4-H members should be prepared to respond to supervision from all county agents present, not just their county agent.

All adults should attend educational workshops along with 4-H members.

AUTHORIZATION FOR MEDICAL CARE/MEDICAL INFORMATION/CODE OF CONDUCT: These forms are **required** to be completed and turned in at the time of arrival:

1. [Code of Conduct and Consequences of Misbehavior](#)
2. [Release & Medical Treatment](#)
3. [Authorization to Dispense Medication](#) *For campers who will be bringing medication with them.
4. [Medical Information for HPRC](#)
5. [Media & Photography Release](#)
6. [High Plains Retreat – Indemnity Form](#)
7. [4-H Indemnity Form & Waiver](#)
8. [Health Statement](#)

These forms should be completed and signed by the parent or guardian **AND** can be witnessed by any of the county Extension agents or assistants. **4-H'ers who do not have Authorization for Medical Care forms or whose forms are incomplete will not be allowed to stay at camp.** One agent or leader from each county is to give the completed Authorization for Medical Care to **the 4-H Specialist or Nurse once they arrive at camp.**

The insurance for **District 1 4-H Junior Leadership Camp** is only intended for 4-H'ers to cover accidents occurring during or on the road to and from POWER Camp. The policy covers a very minimal amount of expenses and acts as a supplemental policy to other primary insurance. IT WILL NOT COVER ANY PRE-EXISTING INJURY OR ILLNESS.