

**2023 District 1 Food Show**  
**Additional Comments**         Junior      Intermediate **SCORECARD**

**NAME:** \_\_\_\_\_ **County:** \_\_\_\_\_

**ENTRY CATEGORY:**

     **Main Dish**

     **Side Dish**

     **Appetizer**

     **Healthy Dessert**

CATEGORY	COMMENTS	POOR	FAIR	AVG	GOOD	EXC
<b>The Interview</b>						
What are the individual food groups?		1	2	3	4	5
What food group does your recipe fall into?		1	2	3	4	5
How many servings are provided by this recipe?		1	2	3	4	5
How many servings are needed for someone your age and gender from each group daily?		1	2	3	4	5
What are the key nutrients provided by this recipe?		1	2	3	4	5
What key steps were taken to prepare this recipe?		1	2	3	4	5
What food safety practices were taken while preparing this recipe?		1	2	3	4	5
How should this dish be stored?		1	2	3	4	5
What community service, leadership or workshops have you done that relate to your 4-H Food project?		1	2	3	4	5
Effectiveness of Communication - Voice, Poise, Personal Appearance		1	2	3	4	5

**Additional Comments**

(10) (20) (30) (40) (50)

**(50) Total Points Possible**

**Total Score:** \_\_\_\_\_