



DISTRICT 1 4-H

SUBJECT: 2024 District 1 Junior Leadership Camp

FROM: Tina Bryant

District 1 4-H Specialist

CAMP DATE: June 17- 18, 2024

CAMP LOCATION: High Plains Retreat Center, Amarillo

REGISTER VIA:4-H Online **4-H ONLINE OPENS:**April 22, 2024 **4-H ONLINE CLOSES:**May 30, 2024

NO LATE REGISTRATION

CAMP FEE: \$100

Workshops & Objectives of the 4-H Junior Leadership Camp:

- Develop self-confidence through leadership.
- Strengthen local 4-H units by becoming involved in leadership responsibilities and encouraging other youth to do so.
- Develop positive character traits, sportsmanship, decision-making capability, and public speaking skills through participation in 4-H activities.

4-H members should have completed 3rd to 7 grade in the 2023-24 school year. There is no county quota. If you need accommodation to participate in this program or have questions about the physical access provided, please contact Tina Bryant tina.bryant@ag.tamu.edu at least 2 weeks before the event.

CANCELLATIONS:

No refunds will be made, but we will allow a substitution.

TRANSPORTATION:

Everyone attending DI Junior Leadership Camp will be responsible for their own transportation to High Plains Retreat Center in Canyon, TX.

Eat lunch before arriving to camp!

SUPERVISION:

4-H members should be prepared to respond to supervision from all county agents present, not just their county agent. All adults should attend educational workshops along with 4-H members.

WHAT TO BRING:

Personal toiletries

Towels – Shower & Pool

Shower Shoes

Sheets & Blanket or Sleeping Bag

Pillow and Pillowcase

Swimming suit

Flipflops or swim shoes (for swimming only) and any other swimming items needed.

Sunscreen

Flashlight

Insect Repellant

Light Jacket (Raincoats or windbreakers may be needed)

Closed-toe shoes. (sandals and slides are not suitable for most activities)

Snack items and/or money for snacks at snack shop (some are provided)

Dance clothes

SWIMMING:

Boys/men must wear shirts at all times, except while swimming, no speedos.

Girls/women must wear a dark cover-up if they are wearing a two-piece swimsuit, or wear dark cover-up if a one-piece swimsuit is revealing and not modest.

ORIENTATION: PLEASE prepare your 4-H'ers for a camping atmosphere in the canyon. Discuss personal hygiene, community living, cooperation with others, work assignments, and code of conduct...

4-H'ERS SHOULD ...

- A. Follow the camp rules set by Texas A&M Agrilife Extension Service and High Plains Retreat Center.
- B. Know the 4-H pledge, the 4-H prayer, and Texas pledge.
- C. Be on time and ready to participate in all ceremonial services.
- D. Show courtesy during ceremonial services.
- E. BE PREPARED TO CARRY OUT THEIR RESPONSIBILITIES IN CEREMONIALS, ETC.

Required forms: These forms are **required** to be completed and turned in at the time of arrival:

Code of Conduct

Consequences of Misbehavior

<u>Authorization to Dispense Medication</u> *For campers who will be bringing medication with them.

Over-the-Counter Medication Permission Form

Medical Information for HPRC

High Plains Retreat – Indemnity Form

4-H Indemnity Form & Waiver

Health Statement

4-H'ers who do not have Authorization for Medical Care forms or whose forms are incomplete will not be allowed to stay at camp. The insurance for District 14-H Junior Leadership Camp is only intended for 4-H'ers to cover accidents occurring during or on the road to and from Leadership Camp. The policy covers a very minimal amount of expenses and acts as a supplemental policy to other primary insurance. IT WILL NOT COVER ANY PRE-EXISTING INJURY OR ILLNESS.

D1 Junior Leadership Camp

1:00 - 1:30 p.m.

1:30 p.m.

2:00 - 5:00 p.m.

5:15 - 6:15 p.m.

6:15 - 6:45 p.m.

6:45-7:45 p.m.

7:45 p.m.

8:30 – 9:45 p.m.

10:00 p.m.

11:00 p.m.

Check In & Drop belongings off in assigned cabin. **Opening Ceremony**

Workshops - 4 Rotations

Pool/Outdoor Activities

Grace & Dinner

Group Games

Clean up for Dance

Dance

Vespers & S'mores

Lights Out

Tuesday, June 18

7:00 - 8:00 a.m.

8:00 a.m.

8:45 - 11:00 a.m.

11:00 - Noon

Noon - 12:45p.m.

12:45 -1:45 p.m.

2:00 - 2:30 p.m.

Cabin Pack up & Clean up!

Breakfast

Ropes Course

Quiz Bowl

Lunch

Service Project

Pictures