

TO: County Extension Agents - ANR, FCH, 4-H

FROM: Jill Killian
Contest Superintendent

Tina Bryant
District 4-H Specialist

SUBJECT: Family and Community Health Quiz Bowl Contest

DATE: October 29, 2025

LOCATION: TBD

REGISTRATION: September 8- October 6 via 4-H Online \$20
Late Registration October 8-9th \$50

SCHEDULE: Check in Time: 1:00 p.m.
Orientation Time: 1:15 p.m.
Contest Time: 1:30 p.m.

AGE CATEGORIES: Junior-grades 3, 4 and 5
Intermediates-grades 6, 7 and 8
Senior-grades 9, 10, 11 and 12

It is the responsibility of agents to validate birthdates of participants and correct placement of youth in age categories. It is also the responsibility of agents to certify eligibility of contestants and substitutes. Counties may move Juniors up to Intermediates, but Intermediates will NOT be allowed to move down to Juniors.

ACCOMMODATIONS

- Requests for accommodations must be submitted to the District Office from the County Office at least 2 weeks prior to the event.
- This request must be accompanied by official documentation in one of the following options for why the request is being submitted:
 - A) Official doctor's note from a licensed medical professional
 - B) School documentation and/or evaluation from a public institution
 - C) Official evaluation from a licensed professional therapist and/or diagnostician
- Note: The documentation and request are required within the appropriate timeline outlined for the event in order for the accommodation to be considered but does not guarantee that the requested accommodation can be made.
- The request will be reviewed by the district office (and when necessary, in consultation with the state office).
- Request and documentation will be kept confidential within the appropriate county/district staff and event administrators.

The members of Texas A&M AgriLife will provide equal opportunities in programs and activities, education, and employment to all persons regardless of race, color, sex, religion, national origin, age, disability, genetic information, veteran status, sexual orientation or gender identity and will strive to achieve full and equal employment opportunity throughout Texas A&M AgriLife.

The Texas A&M University System, U.S. Department of Agriculture, and the County Commissioners Courts of Texas Cooperating.

CONTEST FORMAT

This is a double elimination tournament with teams of four players going head-to-head for top honors. The contest will follow the rules and procedures listed in the Texas 4-H Quiz Bowl Guide.

NO CELL PHONES, TABLETS, COMPUTERS, or NOTE TAKING WILL BE ALLOWED in the contest area. Failure to adhere to this policy will be grounds for disqualification for your team.

SPECTATORS & VIEWING

Only the contestants and contest officials are allowed in the contest room during the preliminary matches. As determined by contest officials, audiences may be permitted to watch the final match(s) and this will be announced during orientation, if applicable. Any audience member making excessive noise or movement that could influence a team's answer will be asked to leave the contest.

Contestants are not allowed to bring any items into the contest room with them, including but not limited to phones, smart devices, recording devices, or scribing materials. This rule will be enforced for the audience as well if allowed to observe during the final(s) round.

Teams

Senior teams: Each county can enter up to three senior teams. It is possible for one, two, or all three teams from the same county to qualify for state competition.

Senior Teams must consist of 4 individuals in order to advance to state competition.

Junior/Intermediate teams: Each county can enter an unlimited number of junior and intermediate teams. Jr/Int teams can consist of 3 or 4 individuals.

Substitutions

Substitutions should be used only as a means of keeping a team active when members have been forced to drop out for unexpected reasons (i.e. major illness, death or other conflicts). All substitutions must be approved by the contest chair and 4-H Specialist. They must be enrolled in 4-HOnline. The form must be signed, completed and brought to contest. Once the contest check in closes, no substitutions may be made.

Awards

The top three teams in each age division will receive Roundup medals and banners. Awards will take place immediately following the conclusion of the age division contest.

State Qualifiers

The top three Senior teams in the district contests will advance as the representative of the district at Texas 4-H Roundup. It is possible that one, two, or all three entries could come from the same county. Counties may enter as many teams as needed.

Resources

https://texas4-h.tamu.edu/wp-content/uploads/quiz_bowl_fch_resources_2024.pdf

<https://texas4-h.tamu.edu/projects/food-nutrition/>



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